

Femenessence™ Macalife™

PRE

Naturally Supports Pre Menopause Hormonal Balance*

How does Femenessence™ Macalife™ help you – a peri or pre-menopausal women?

The beauty of Femenessence™ Macalife™ is that it works with your own body, stimulating your pituitary and adrenal glands and your nervous system to support and balance the levels of the key hormones FSH, Estrogen, LH and Progesterone... and nothing is more natural than your own hormones.

When hormone production is regulated and balanced, it is easier for your body to achieve overall physiological harmony, which means fewer menopausal symptoms and most importantly an improvement in general health.

CLINICALLY TESTED: Femenessence™ Macalife™ has been tested for toxicity and pharmaco-dynamic effects, both in laboratory models and in a pilot, clinical trial. In those trials, Natural Health International (NHI) investigated two key areas of health for peri-menopausal women:

- Symptoms related to peri-menopause,
- Women's health issues such as hormone imbalance and general health.

In our clinical trial, according to Kupperman's Menopausal Index, Femenessence™ Macalife™ had an incredible overall success rate of 74 – 82% and was shown to:

- Reduce hot flashes*
- Reduce night sweats*
- Reduce vaginal dryness*
- Help elevate mood*
- Increase energy levels*

Apart from relieving the symptoms you might experience peri-menopause, attention to other important factors will create an environment for optimal health. Potential areas for attention are:

- Hormone balance
- Bone health
- Healthy body weight

FAST ACTING: On average, women who use Femenessence™ Macalife™ have a positive affect in only 10 days, with the majority noticing improvements in a period ranging from 2 days to 6 weeks.

NHI is so confident of the benefits of Femenessence™ Macalife™ that if you do not see a significant reduction in symptoms on your personal NHI Menopausal Index within six weeks, we are ready to refund your purchase price. Shipping and handling not included.

SAFE: Femenessence™ Macalife™ has passed stringent medical tests for health and safety, with our full pharmacology and toxicology research published in International Journal of Biomedical Science (2006).

What does this mean to you?

✓ **HORMONAL BALANCE:** As you approach menopause your body no longer produces active follicles, so production of estrogen and progesterone dramatically declines. In our clinical study it has been observed that as compared to placebo, Femenessence™ Macalife™ resulted in a statistically significant increase in FSH, E2 and Progesterone levels in peri-menopausal women.

✓ **INCREASE IN FSH:** In our clinical trial the placebo had no effect on FSH levels, while Femenessence™ Macalife™ resulted in a statistically significant increase in FSH levels.

✓ **CALCIUM:** As you approach and begin menopause, your bone density decreases. Statistically significant increases in serum calcium levels which support bone health were recorded following the use of Femenessence™ Macalife™.

✓ **IRON:** A significant increase in blood-iron levels was observed in our trials, demonstrating the positive effect of Femenessence™ Macalife™ on normal healthy red blood cell formation and haemoglobin levels.

✓ **MOOD:** Femenessence™ Macalife™ significantly lowered blood ACTH levels. This may explain its sedative and stress-reducing effects, as demonstrated by individual symptoms recorded in Kupperman's Menopausal Index.

✓ **BODY WEIGHT:** As you approach or enter menopause you may experience an increase in body weight due to reduced metabolic rate and changes in hormone production. Regular exercise and a healthy balanced diet are the cornerstones to overall wellbeing and weight management. On average, women in our clinical trials experienced a slight increase in body weight during the first month as their bodies "re-set" their metabolic rate. However after 4 months there was an average 6% reduction in body weight.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed information please go to www.naturalhi.com

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What is Femenessence™ Macalife™?

The primary ingredient of Femenessence™ Macalife™ is Maca-GO™.

Maca-GO™ is not a standard Maca product but is one of the highest quality nutraceuticals on the market today. Maca-GO™ is an organically grown and processed, proprietary combination of four major phenotypes of *Lepidium peruvianum Chacon* – a specific species of the herb commonly known as Maca. There are a number of different phenotypes of *Lepidium peruvianum Chacon* – each appearing to display different gender and age-related therapeutic effects. From the organic Maca roots, which are planted and grown on NHI's plantation at 4,300m in the Peruvian Andes, NHI selects only specific phenotypes. After harvest the Maca roots are dried using traditional organic methods to enhance and maximize the desired therapeutic effects of the herb. They are then put through NHI's patented†, organically-certified, manufacturing process. To our knowledge NHI's entire process, which avoids extreme heat, chlorine and other chemicals, is the only 100% natural and organic method currently in operation in Peru. With these superior methods applied across the board from production to manufacture, the process results in Maca-GO™. This is a concentrated, herbal preparation with enhanced therapeutic potency based on the entire spectrum of active constituents as compared to standard Maca powder. In a comparative laboratory study on Maca-GO™, it has been further shown, that when compared to the highest quality Maca extracts on the market, not only does Maca-GO™ have a higher level of some actives, but also a much wider spectrum of key actives which contribute to reported high potency of Femenessence™ Macalife™.

How does Femenessence™ Macalife™ work for you?

Femenessence™ Macalife™ works primarily through its adaptogenic properties. Stimulation of the hypothalamus (through your pituitary and adrenal glands and your nervous system), rejuvenates your body to create a healthy balanced state that promotes optimal health. Femenessence™ Macalife™ therefore works in a unique way for each woman – supporting your individual biological make-up and optimizing your personal health status at any stage of your life.

† Patent pending, U.S. Application Serial No. 60/819,583

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