

Femenessence™ Macapause™

POST

Natural Post Menopause Hormonal Balance*

How does Femenessence™ Macapause™ help you – a post-menopausal woman?

The beauty of Femenessence™ Macapause™ is that it works with your own body, stimulating your pituitary and adrenal glands and your nervous system to support and balance the levels of the key hormones FSH, Estrogen, LH and Progesterone... and nothing is more natural than your own hormones.

When hormone production is regulated and balanced, it is easier for your body to achieve overall physiological harmony, which means fewer menopausal symptoms and most importantly an improvement in general health.

CLINICALLY PROVEN: Femenessence™ Macapause™ has been rigorously tested in clinical studies over periods of 3, 4 and 8 months. In these studies, Natural Health International (NHI) investigated two key areas of health for post-menopausal women:

- Symptoms related to post-menopause
- Women's health issues such as hormone imbalance, heart health and bone density.

In our clinical trial, according to Greene's Menopausal Index, Femenessence™ Macapause™ had an incredible overall success rate of 84% and was shown to:

- Reduce hot flashes*
- Reduce night sweats*
- Reduce vaginal dryness*
- Help elevate mood*
- Increase energy levels*

Apart from relieving the symptoms you might experience post-menopause, attention to other important factors will create an environment for optimal health. Potential areas for attention are:

- Hormone balance
- Increase in estrogen
- Reduction in FSH
- Support for bone health
- Healthy body weight

FAST ACTING: On average, women who use Femenessence™ Macapause™ have a positive affect in only 10 days, with the majority noticing improvements in a period ranging from 2 days to 6 weeks.

NHI is so confident of the benefits of Femenessence™ Macapause™ that if you do not see a significant reduction in symptoms on your personal NHI Menopausal Index within six weeks, we are ready to refund your purchase price. Shipping and handling not included.

SAFE: Femenessence™ Macapause™ has passed stringent medical tests for health and safety, with our full pharmacology and toxicology research published in International Journal of Biomedical Science (2006).

What does this mean to you?

✓ **HORMONAL BALANCE:** At menopause, your body no longer produces active follicles, so production of estrogen and progesterone dramatically declines. This results in your pituitary gland increasing production of FSH and LH, which leads to the most common symptom of menopause – hot flashes. In our clinical study it has been observed that Femenessence™ Macapause™ resulted in a statistically significant increase in estrogen and progesterone, while placebo treatment had no effect on estrogen levels.

✓ **REDUCTIONS IN FSH:** When you go through menopause, production of FSH increases dramatically. Once FSH levels rise above 30IU/ml, this is considered an indication of early post-menopause when you are unlikely to be fertile. In our clinical trial the placebo had no effect on FSH levels, while Femenessence™ Macapause™ resulted in a statistically significant decrease in FSH levels, contributing to reduction in discomfort associated with the transition from peri- to post-menopause.

✓ **BONE DENSITY:** As you approach and enter menopause, your bone density decreases. While there were no changes in bone density recorded in the placebo group, use of Femenessence™ Macapause™ resulted in a substantial improvement in bone health. This was confirmed in our follow-up study where statistically significant increases of serum calcium levels which support bone health were recorded in women using Femenessence™.

✓ **BODY WEIGHT:** As you approach or enter menopause you may experience an increase in body weight due to reduced metabolic rate and changes in hormone production. Regular exercise and a healthy balanced diet are cornerstones of overall wellbeing and weight management. On average, women in our clinical trials experienced a slight increase in body weight during the first month as their bodies "re-set" their metabolic rate. However after 4 months there was an average 6% reduction in body weight.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed information please go to www.naturalhi.com

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Femenessence™ Macapause™

What is Femenessence™ Macapause™?

The primary ingredient of Femenessence™ Macapause™ is Maca-GO™.

Maca-GO™ is not a standard Maca product but is one of the highest quality nutraceuticals on the market today. Maca-GO™ is an organically grown and processed, proprietary combination of four major phenotypes of *Lepidium peruvianum* Chacon – a specific species of the herb commonly known as Maca. There are a number of different phenotypes of *Lepidium peruvianum* Chacon – each appearing to display different gender and age-related therapeutic effects. From the organic Maca roots, which are planted and grown on NHI's plantation at 4,300m in the Peruvian Andes, NHI selects only specific phenotypes. After harvest the Maca roots are dried using traditional organic methods to enhance and maximize the desired therapeutic effects of the herb. They are then put through NHI's patented†, organically-certified, manufacturing process. To our knowledge NHI's entire process, which avoids extreme heat, chlorine and other chemicals, is the only 100% natural and organic method currently in operation in Peru. With these superior methods applied across the board from production to manufacture, the process results in Maca-GO™. This is a concentrated, herbal preparation with enhanced therapeutic potency based on the entire spectrum of active constituents as compared to standard Maca powder. In a comparative laboratory study on Maca-GO™, it has been further shown, that when compared to the highest quality Maca extracts on the market, not only does Maca-GO™ have a higher level of some actives, but also a much wider spectrum of key actives which contribute to reported high potency of Femenessence™ Macapause™.

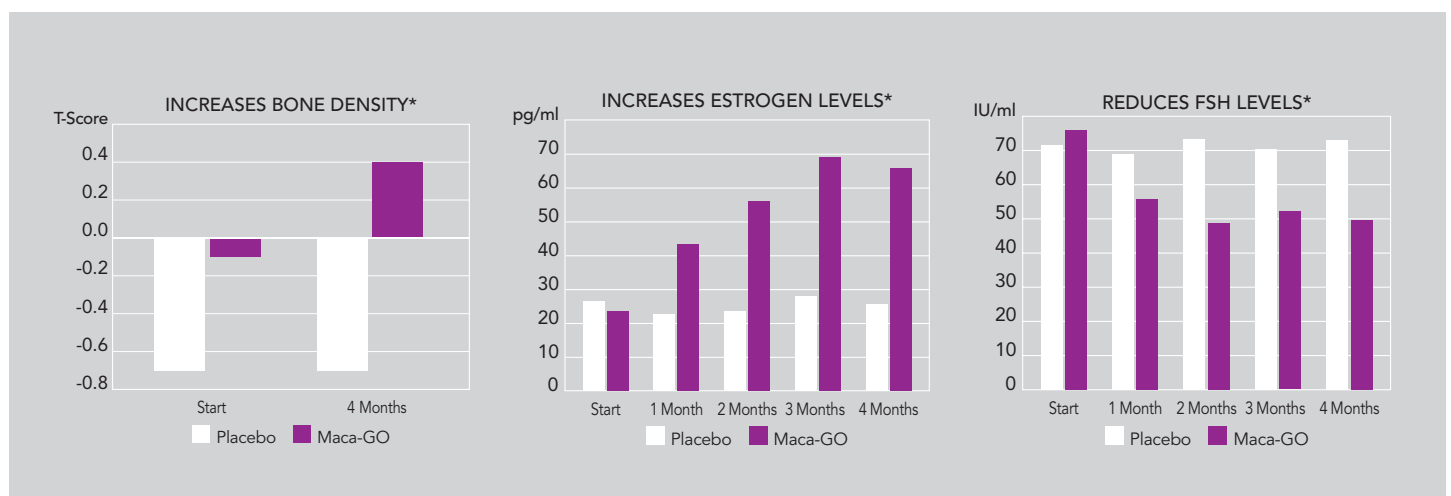
How does Femenessence™ Macapause™ work for you?

Femenessence™ Macapause™ works primarily through its adaptogenic properties. Stimulation of the hypothalamus (through your pituitary and adrenal glands and your nervous system), rejuvenates your body to create a healthy balanced state that promotes optimal health. Femenessence™ Macapause™ therefore works in a unique way for each woman – supporting your individual biological make-up and optimizing your personal health status at any stage of your life.

† Patent pending, U.S. Application Serial No. 60/819,583

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